

Episode 120: Intellect and Reasons in Sufism and Mysticism

One minute of reflection is better than a thousand years of worship. In this episode, we strip away the "Imitative Intellect" forced upon us by religions and governments. Why do humans commit acts of terror? Do extraterrestrials watch us from the stars? And why does the "Complete Human" remain hidden from the masses?

Drawing on the timeless wisdom of **Rumi, Hafez, and Shams Tabrizi**, this program explores the "Magnet of the Soul" and the vital necessity of questioning. We dive deep into the story of Moses and Khidr to understand why even a Prophet's intellect can be "mouse-like" when faced with the Unseen.

The Science of Sufism: Why reflection is the first element of the spiritual journey.

The Geometry of the Soul: How the soul pulls particles of the universe to form the body.

The Illusion of Wealth: How money affects the human essence and our connection to the "Complete Human."

The Great Restart: A call to activate the intellect from childhood and break the cycle of blind imitation.

Join us for a "loving conflict" with the divine. It is time to jump-start your intellect.

"If reflection does not exist, the human being does not exist."

#Restart #Sufism #Mysticism #Rumi #Socrates #Reflection #Spirituality #CompleteHuman
#ShamsTabrizi #Philosophy #Intellect #SpiritualAwakening #Gnosis #EsotericKnowledge
#AncientWisdom #Mindfulness #Podcast

Truly, do extraterrestrial beings exist, and if they do, where are they? Truly, why do some blow themselves up and carry out terrorist acts? Truly, why do some pursue the universe while others torture, imprison, and kill? Truly, what effect does money and wealth have on the human essence that we kill each other like this? "One minute of reflection is better than a thousand years of worship." Welcome to the seven-million-year-old Restart.

"Whoever fails to understand this The Vision-Inducing Reed, Their form is forbidden, even if they are the master painter of China."

Welcome to the 120th Restart program. Welcome!

A very warm welcome to the 120th Restart program, a program presented to you with reflection and the Socratic method of questioning. Perhaps you never asked yourself why a single question transforms you? And why governments and religions fear questions? And why does a

child ask questions from birth, and you, dear mother or esteemed father, answer them? Really, what is the problem with this? All those who are in Sufism place heavy emphasis on reflection; that is, when the name of Sufism comes up, or the knowledge of the Sufi, reflection comes with it. In fact, reflection is one of the most vital points, and perhaps it can be said it is the first element of Sufism and Mysticism. That is, if you remove reflection, you can never progress and you can never be a successful person on the path of spiritual journey. If reflection does not exist, the human being does not exist.

Look, if we want to talk about God and the human, I think from program 600 or 700 onwards, we can easily talk about the questions of the People of Sufism. For example, Bayazid Bastami says, "Am I higher or Muhammad, for instance?" Or for example, Shams Tabrizi considers God like a toy in his hand. That is, a severe conflict arises in Sufism because if these questions of the People of Sufism were to be opened up, the people of the world would kill them; for this reason, they have been spoken to according to the level of their understanding. Because if we want to open up the *Maqalat* of Shams, then you must think about what Shams says. Shams says there is no God until I am; it is I who produced God, and he considers himself the primary cause of the production of God.

This is the whole question. This conflict between the People of Sufism and Hu, is a loving conflict and not a rational one. A being that religions call Satan committed the slightest insult against God; a tiny insult—He told him to do this, and he said no. He has been wandering ever since, responsible for making our lives miserable, responsible for who goes to hell and getting screwed over. Yet, all these People of Sufism joked with God, spoke seriously, said "Until we exist, You do not exist," "Don't make a fuss for no reason," "Don't think we don't understand the matter." Well, if these discussions and these arguments were handled that way, a total massacre of all Mystics should have been carried out by Hu, but it isn't like that.

Levels differ. There is a place where you enter a lady's bedroom, and then we ask, "Why did you enter the lady's bedroom?" He says, "I am her husband." Everyone falls silent, the police are happy, everyone is happy, no one objects. But as soon as you enter the living room, they grab you and say, "Who is this?" We say, "We don't know him." The issue with the Rabbi, the Mullah, the Priest, and the Mobad is that no one knows them in this realm. That is, when you enter the realm of reflection, Mysticism, and Sufism, because these people are unknown, the police come; meaning they call the police and Hu issues the order for their arrest. They don't have intellectual torture, but they do have visual or unreal torture in essence.

These are very important questions: Where are you? Who are you, to be talking about individuals? You can joke with your wife, but you cannot have the same joke with the neighbor's wife that you have secretly with your own. These "loving jokes," as old friends say, are the same. These Mullahs joke "lovingly" without knowing or understanding, without being a witness or observer to a being, they talk to it. In other words, they mostly strengthen their own imagination, and this is where the question arises: since you don't know the way, why do you dictate the way wrongly to others? And why don't you allow—now that you are so meddlesome in the work of Mysticism and Sufism and teaching people a wrong path that you yourself don't understand—how is it that here, when you realize your mother or your wife or your child has a

heart problem, you don't give them to a mechanic? When you ask this same Mullah, Rabbi, and Priest, you see they go to the best doctors. You go to Imam Reza for healing, they go to London for their medical work. They know what they are doing; you don't.

And after 700 years, this program has arrived; it has come through Socrates and is making you and me understand that our way of life is entirely wrong. For this reason, **Restart** stands not against millions, but against billions of human beings throughout these 700 years, and **Restart** has always been victorious. Because whenever it has come, it has come to stay and has not departed, even though later, governments and religions attempted to destroy it. Now, a deep question arises: "Sir, what does Sufism say in general?" Say it in one word, Hosseini! Sufism says: reflection. Well, scientists say this too. No, scientists do not say reflection. These Mullahs say it too. No, Mullahs do not say it. Rabbis say it too. No, they do not say it. reflection is exclusive to the Sufi; the philosophy of the Sufi belongs only to the People of Sufism. reflection means that you sit and practice a very important movement; they call this Intellect. Let us review to see what your body is, what my body is, and why we must do this.

"Whoever fails to gain understanding from this imagination-weaving reed-pen..."

It has been officially declared; Hafez says no one understands this. Not everyone can understand these words. Not everyone may understand **Restart**. See, **Restart** does not require courage. Anyone who says "I am a Restart follower" is ignorant. **Restart** does not need courage; **Restart** needs understanding. Once you understand and then say "I am a Restart follower," it means you have understood. A Restart follower is not someone who is brave and says, "Well, now I will stand, for example, in front of a bullet, I will stand and fight." This person is ignorant; they haven't even passed the "level of Restart follower ignorance" yet. **Restart** means understanding; it means even if they tear you to pieces, you smile. You are happy that they are arresting you; you are happy to be on the gallows; you are happy. Every day you cry, "Why aren't the gallows hanging for me?" Every day you feel love, "Why aren't they beating me? Why aren't they taking me? Why aren't they killing me?" You must reach this conclusion every day. Only then do you become a Restart follower—and that is merely the first step of Quest. You haven't even entered the Valley of Love yet.

For this reason, no human, no mortal soul, has the right to speak about Shams, Tabrizi, or Hallaj. Because Hallaj traversed the Valley of Love in such a way that everyone is left with their finger in their mouth [in astonishment]. In which valley is who ahead? We still don't know. Is the Prophet greater or the Guardian? We still don't know—meaning you and I don't know, but the People of Sufism know. From where are these ranks shown? I explained above: "We are from the high and to the high we go." This pertains to the Soul, not the body. It has absolutely nothing to do with the body. It is the Soul that is "from the high and to the high we go." And we explained "the high": when a child is born, they have come to a "higher" place. So, the child's world in the mother's womb is "lower." And before that, when they are in the father's back [loins] or at the mother's breast, their world is again lower. So the child has come "higher" from the father's back. If they were supposed to come higher within the father's back, they would have had to come up into his throat! Where is higher than the lower back? Is it on the chest? On the neck? Between the two eyes? No. "Higher" for a child being born means that from the father's back,

they enter a place where the mother makes her effort and the seed is planted; this is "We are from the high and to the high we go." Then the embryo is formed, mitosis and meiosis occur, divisions happen, and cells multiply. One cell turns into two different open cells. Questions that you and I will never understand. And a being comes into existence that becomes Hosseini, a being that becomes you, a being that becomes a Sufi, or a being that becomes a **Complete Human**. That is, the particles of the body of a **Complete Human**. Well, this depends on the Magnet of the Soul of the people. So when I am being born in my mother's womb, who has pulled the particles of the universe toward my mother's womb? The Soul that is within my mother and father, which belongs to me. A massive magnet that, through my Soul, pulls the particles of existence and atoms toward itself. Because of this, an atom has entered me that belongs to me. It is my fingerprint. It's true that it might have come from the back of the neck or the eyelid of an elephant and that elephant died, but this atom came from there because it belongs to me.

Well, we cannot understand this; who gave this "magnet" to the child? Yes, Mr. Hosseini, doctors say at three months the Soul is breathed into the child; the clergy say it enters at two months; some say it enters at one week; some say four months. If that's the case, then how is the child's body being built? Where did the Soul come from? Is the Soul in a specific place? Is the Soul inside the body? Does it arrange the parts upon itself? Does my Soul currently possess other souls? Am I composed of billions of souls?

"Human beings are members of one body"

This means we all belong to one Soul. Are these souls in a queue? Are souls supposed to enter by turn? These are all questions. In fact, what does Soul even mean? No one knows.

I review again; so, "the high" for you and me is when we die. What happens when we die? There is a being in us that we don't know what it is—or it doesn't exist, according to scientists who don't know what it is. But there is a being in my body called the **Ego** or whatever; the forces that move my hands and feet—does that go? Or does *that* stay and *we* go? Or does a being called the Soul exit the body? These are important questions. In any case, something leaves us so that we become a corpse and fall to the ground. Sufism calls that thing the Soul, Mysticism calls it the Soul, and philosophers call it the Soul. It is another being that exits your body. What remains? The earthly body of you and me. So why is this Soul in my body? Rumi gives a very clear explanation; he says that nothing in the world... Now, if I want to recite his poem it will be long... he says nothing in the world comes into being unless you have a "need", a necessity. No wealthy person comes into the street to say "Help me, help me, the penniless one." When you become penniless, you come and ask for help.

Rumi says:

"Such a person who is short-sighted, is like a restless bird in their seeking."

"I called [it] a mouse because its place is in the dust; its eating and scattering are always within the dust."

Here, he refers to a verse that says:

"When the intellect of Moses becomes trapped in the Unseen, what then, O honorable one, would a mouse-like intellect be?"

Here he says the intellect of Moses is a mouse-like intellect. He explains the story of Moses and Khidr and says Moses's intellect is mouse-like. Then, further down, to ensure that the fanatics do not issue a death sentence for him, he explains: "Sir, if I said it is mouse-like, I had a reason":

"I called it a mouse because its place is in the dust; the dust is the place of livelihood for the mouse."

He is categorizing the intellect. He says "mouse"... don't get upset; the intellect of Mr. Moses—which we explained in previous episodes of *Restart*—could not understand why Khidr was doing those things. Why he scuttled the ship, why he killed the person's child, why he did these things. This is a strange story that we have in the thoughts of all religions, that Moses and Khidr... in fact, it is in the Quran of the Muslims themselves, they can read it.

He says this intellect is mouse-like. When he speaks of it being mouse-like, he is talking about the intellect of Moses, not yours or mine. The intellect of Moses means The One who spoke with God. Moses meets Khidr at a time when he is *The one who spoke with God directly*, meaning he speaks directly with God. Directly! He has no intermediary, no one. All religions also say yes, he used to speak. Meaning it is a state of being *The one who spoke with God directly*; his speech is direct; he needs neither Gabriel, nor Michael, nor Israfil. He goes to Khidr, and he loses his mind is up in the air! And here, Mr. Rumi officially indicates that Moses's intellect was mouse-like when he saw Mr. Khidr.

"It knows ways, but under the dust."

He says his intellect is a mouse; it knows good ways too—does it know bad ways? He would throw the staff and it became a dragon; had Moses done little? He was moving through many paths of Mysticism and Sufism in his early stages. He says:

"I called it a mouse because its place is in the dust; the dust is the place of livelihood for the mouse."

"It knows ways, but under the dust; in every direction, it has Rip the earth asunder."

Wherever it has Riip open, it sees. Now look how he deepens the point. He says a blind mouse, because it has dug every hole itself, knows its own ways, because it dug them itself, no one else dug them. Moses had reached a degree in his Mysticism that he had performed himself, and for this reason, when someone else digs a hole, Moses protests. When Khidr scuttles the ship, Moses protests. Moses had made other "holes" in his own society that he reached the degree of being Moses-like.

"The mouse-like ego is nothing but a morsel-snatcher; a mouse is given intellect only in proportion to its need."

According to the need it has, the mouse is given intellect. Now I want to explain the word Intellect, what the issue is, why a terrorist act is committed? What is the problem? What is the subject at all?

"Because without need, the Mighty Lord does not bestow anything upon anyone."

So, if someone has no need, if they require nothing, God will not grant them anything. Then why do we not have wings? Because we are not meant to have them. Now, if you have been flying with airplanes for a hundred years, does this God—who has given you and me airplanes for a hundred years—lack the character or consciousness to realize that for millions of years, humanity... or sir, just these seven or eight thousand years that you know of? I don't even want to go back further into the past. During these 6,000 to 7,000 years that have passed, how is it that no one flew? What about those poor souls who didn't fly? Was it not their right to go from Germany to see France? To go from Japan to see Australia? These are very important questions. So, one might ask, why didn't you give me wings to fly?

To this, Rumi says: You do not need wings; you do not need that kind of flight.

"Because without a need, the Almighty Lord Bestows nothing upon anyone."

So, you do not need a shuttle. What does it mean that 'you don't have it'? It means you have been given in proportion to your understanding.

"Had there been no need for the world of Earth The Lord of Worlds would never have created it."

So why are you living on planet Earth? There was a need involved; there was a reason why Earth was created in the middle of billions upon billions of stars—and right at the first hole. Do we have another human being similar to ourselves? No, we don't. But we do have other beings. So, extraterrestrials do exist, my dear. The governments there—suppose a planet is 25 billion light-years away from us—it's like us; it has a government, a state, rabbis, mullah, but in their own form.

Their scientists are coming to Earth. And these scientists, instead of coming to Earth to realize that The Complete Human exists within it, they come and wander around, testing us. Their laboratory test is on you and me. Some of them might know that the Complete Human is on planet Earth, because the Complete Human is exclusive to Earth, and the entire universe is a subset of this very planet.

So, their scientists are coming; their 'Hawkings' are coming with their shuttles and spaceships to see what is happening in the world. However, that same planet has a Mystics who is here every night; he comes and goes spiritually. That Mystics know that planet Earth possesses the Complete Human who belongs to the entire Universe of Existence. Just as your next-door

neighbor does not know, but the Ministry of Intelligence of a certain country knows where the Complete Human is, who they are, and what they are. Yet, the Universe of Existence does not know because the people do not know, because the Sun is behind the cloud. These are all questions being asked...

"And this restless Earth was in need of the mountain / Had it not been so, He would not have created it in such glory."

So the Earth needs the mountain; if it weren't there, it would lose to steady, and its conditions would change. Thus, the mountain came into being because the Earth had a need. He is explaining in sequence that the universe needed planet Earth. Why? Because a human had to live in it—a human race that contains the Complete Human. He then asks: What does the Earth need now? The Earth needs the mountain. Why? Because it acts as an anchor. So, the mountain is a necessity for the Earth. What does this mean? It means he is also providing a scientific explanation.

"Had there been no need for the heavens as well He would not have created the seven spheres from nothingness."

He says that there was also a need for the heavens that has caused them to manifest now.

"The sun, the moon, and these stars How could they appear visibly except through need?"

"Thus, the lasso for all that exists is needed the extent of a man's need, he is granted the means."

The lasso of existence is needed . Therefore, increase your need.

"So, O needy one, increase your need quickly so that the sea of Generosity may surge in kindness."

Meaning: forgiveness and bestowal.

"These beggars on the road and every afflicted soul Display their need to the people,"

"Blindness, lameness, illness, and pain So that through this need, the mercy of man may be stirred."

So, Mercy had a need, which is why the crippled was created. The world had a need for this. So now, the planet Earth needs Mercy. That is to say, someone is born crippled so that Mercy can come into existence. This means Mercy is more important than you just feeling sorry. Mercy! The planet and the universe actually need Mercy. Look, whether you or I exist or not, the Earth needs oxygen; plants must grow. Whether I am here or not, whether that crippled person is

there or not, the universe—meaning the Earth—which we now call "Earth" because the **Complete Human** is within it, needs oxygen regardless of us.

Therefore, Mercy also has a need. How do beings show Mercy to one another in the universe? Do trees show Mercy to each other? We see in botany that they do. If a tree wants to grow somewhere, the other trees must allow it to grow. They respect it; they allow it. They could also choose not to; they could cast their shadow over it until it withers... they cut off its roots and sever its water and connection, and the tree truly dies.

"Does anyone with wealth, a granary, and a home, ever cry out: 'O people, give me bread'?"

Does anyone come and say, "O people, give me money," while they already have money and a warehouse? Do they come to beg? He says no.

"God placed no eyes in the mole, Because he has no need of eyes to drink."

The mole has no need for eyes, so it shouldn't have them; and then he goes on to explain. Now, I'm not concerned with that. Intellect and Reflection...

What do the Indian ascetics do? They have many different methods. They stop airplanes and do many other things, but some of them want to show themselves as more mystical. Pay attention: *to show* themselves. What do they do? They pour a bit of soil, for example, in the palm of their hand, plant a grain of wheat in it, and hold their hand straight out in front of their eyes and never close it again. This wheat slowly grows in their palm with a drop of their tears or whatever water they can find, and they eat from this same wheat. They believe that the other world is a different world with different conditions. And the hands of many of them become paralyzed.

When you go into a coma, doctors say you must be turned over. If they leave you on one side, you will rot; if one side of the body stays on the ground for one or two months, you will rot completely. You have hands; if you don't exercise them, they become paralyzed. If you don't exercise, your belly sticks out. They call this the body. That is, physical exercise.

The exercise of Mysticism and Sufism is the Intellect. The reason the people of the world commit murder and terrorist acts is that their Intellect has not exercised. The Soul does not take orders from the Intellect. The Soul receives its nourishment from the Intellect.

It means I think about going to do a good deed; my hand moves, my leg moves, I speak, my hand moves again and my leg moves, I go to the door of the house and ring the bell, the person comes out, I want to give him some money, my hand goes into my pocket, the hand comes out of the pocket with money to be given to him. So, the hand was created for this: to go into my pocket, take out money, and give it to him. The hand itself cannot make a decision.

I'll give you a simple example. I want to go to a relative's house to lend him money. Let's look at what I do again. I get up from my place, I go and open the door, I go down the stairs, I walk, I step, I step, and I arrive there. I put my hand in my pocket, I say hello, my tongue moves, I greet

him, I give him this money, and I say, "Keep this to solve your problems." I perform this good deed, and he takes the money with his hand. He never "takes" it himself; his hand takes it, puts it in his pocket, and then he leaves.

And as for the images on the money—as Jesus said, the image of the person on the money belongs to that country; here it is Abraham Lincoln, there it's "Mullah So-and-So," elsewhere it's a certain Queen or King. The image is on the money, and regardless, money just changes hands like that and everyone eats...

Hands and feet, the body, the tongue, the ears, the eyes—these alone can do nothing. These were created to be subsets of a being called Intellect. The job of the Intellect is to think. From the thought it produces, two beings are generated: a "bad thought" or a "good thought," as friends might say. But it's not just bad and good; it is material thought—the World of the Kingdom—and celestial thought—the World of the Dominion. Thought related to the World of the Dominion is absorbed by the soul; meaning it is "adapted" by a being I explained in the previous program. It goes into the human soul, which we still don't know what it is. It is stored there. It's as if there is a hard drive in the human soul; this drive, which is one gigabyte, goes there and is collected and preserved within twenty-five billion gigabytes. Okay?

So, our body parts have never done a "good deed"; they have no right to think they have done something good. Who did the good deed? My Intellect. I thought about it. The greatest dilemma of humanity is that from the moment a child is born, man destroys their intellect. In fact, the Mystic describes the divisions of humanity. They say humans are divided into several parts. Plants; some humans are plants. They are like plants. You've heard:

"Open the eye of the heart so that you may see the soul."

Many of those who are in Mysticism, when they open their eyes, they see all of humanity—their mother, maternal aunt, maternal uncle, neighbors, and friends—as a certain creature. Some they see as plants, some as dogs, some as pigs, some as cows and donkeys. Some—as our "Mullah" friends say—Nay, they are even more astray; they see them as worse than this, more lost than this, more filthy than these thoughts.

What was the difference between them and you? His difference is that he did not think. And if the intellect does not exercise, you have no end. This is our entire talk today: reflection .

Just as your body needs it; when a baby is born, it starts moving, it drinks milk, it moves, it exercises, and it grows. This continues until the physical body is trained and reaches maturity. Now, if you take a child's hand and tie it to the ground, that hand will become paralyzed; it's true he had a hand, but it becomes paralyzed. It's true you have feet now, but if I tie your feet to the dirt and keep them there, they will become paralyzed. Whatever part you don't move and keep static will become paralyzed.

Therefore, those who go and commit terrorist acts have paralyzed intellects; the body is performing the same action, but it is doing it under the command of the intellect. The problem is that these people have not exercised their intellect. Where does the exercise of the intellect

begin? From reflection. It starts with a question. And for this reason, we started the *Restart* program Socratically; meaning from question to question to question. And every question, as if it has answered the previous one. Meaning, whenever you go back and listen to *Restart* from the beginning until now, you understand something new. Try it; go back to Program 1, come up to Program 50, you'll see you understand something completely new. Its ocean is something else entirely.

So why have we been sitting together for seven million years talking in the *Restart* program? Because "One minute of reflection is equal to a thousand years of worship." This is what the people of Sufism and Mysticism say. Muhammad ibn Abdullah said nothing else but this word. Jesus said no other word; Moses said no word. All religions know this: one second, one moment of reflection is equal to a thousand years of worship. And some have said even more. Meaning, if you fast for a thousand years, pray, pay the Khums and alms. A thousand years! You fast for one month and it wears you out. Actually, fasting was created for this, to make you understand... I didn't want to reveal this secret. Fasting exists to make you understand: "My dear friend, look how hard this is, well, go and think! You idiot!" Instead of fasting for thirty days, see how hard it is not to eat.

The hajj exists for this; when you go to Hajj, you are meant to understand two things: how hard it is to go with a donkey, and how hard it is to circle that place several times. One: the Complete Human is right here, find him!

"O people who have gone to Hajj, where are you, where are you? The Beloved is right here, come here, come here!"

Hajj exists so that you understand. Man, just think! We say contemplate for one moment. When my kid comes and says, "Dad, what should I do to become rich, for example?" I say go to Mash Qasem, because I told Mash Qasem that if you go to him, he will give you 50 billion. He says, "Okay Dad, let me work a bit first, go to military service, go to university, work again and make money and all that, then I'll go to Mash Qasem." He goes, and after fifty years he comes back and says, "Dad, what should I do? I'm still not very rich." I say you should have gone to Mash Qasem; one moment with Mash Qasem is equal to fifty years of this work—these are all examples. After 50 years he comes and says, "Dad, I went to Mash Qasem and he gave me 50 billion."

So Sufism and Mysticism have two simple sentences.

Number one: Worship without permission is void. There is no path toward God except with the permission of the Complete Human. Meaning you must find the Complete Human, see him, and go before him and say, Hello sir, say Hello. You go to church, you say Hello Jesus, and he should answer, Hello my dear. You go to Jordan, to Mecca, say Hello Muhammad, and he must answer Hello, or As-salamu alaykum. Then you must ask, Do you give me permission to worship? He knows what to do himself; he himself is the god of everyone. He knows what to do. Yes, this is a good Prophet. If you found him, then it's correct. So, they are saying this: worship without permission is void; prayer, fasting, Khums, alms, everything.

Number two: One moment of reflection is equal to a thousand years of worship. It's basic mathematical equations; even a first-grader doesn't need God or knowledge or literacy for this. It's not related to literacy or scientists; it's related to Science here. For this reason, that person sitting in the desert knows that sitting and thinking while his sheep are grazing... his thinking is equal to a thousand years of worship. He takes fifteen hundred years' worth of worship home daily, while you and I keep attending to our "rituals," instead of thinking about eating something... Even the best of us prays without permission; he has entered the bedroom of the Complete Human without permission. Then they catch him, and now he's suspended in the afterlife... Then they say, "Sir, did you enter the house of the Complete Human? You entered and didn't see all these bodyguards? You went in with twenty-five billion bodyguards?" He says, No. They say, because, Open the eye of the heart so that you may see the soul. You saw the bodyguard of the President, but you didn't see these? The ridiculous President of the world has bodyguards. Then the Complete Human, for whom we created the universe, doesn't have bodyguards? The President of the world has bodyguards, my dear, then Hu created the Complete Human, I placed the foundations of the world upon him, and then I wouldn't provide bodyguards for him? You had bodyguards too, which these religions call the Angel of the Left and the Angel of the Right; these were the bodyguards, you just didn't know... they were both protecting you so you wouldn't be killed—as religions say—and they are writing down what you are doing. How do they write? It's very simple: they film. They have a button and they beautifully film everything themselves.

So, where is the intellect? Sufism says: Intellect... Gabriel is your intellect. If you do not stir your thoughts and do not reflect—if your thought does not exercise—you are doomed. How does it fail to exercise? You take the child from a young age; first with prayer clay, with money as a treat. Then you take the child to the mosque, and the honorable cleric transfers concepts to him. This means instead of the intellect and thinking, the intellect simply receives. This is called Imitation. This is the work of a monkey; it means he just imitates.

When he is told that Imam Hussain's head was severed and blood rose to the knees of his horse, he simply accepts it. Tell him twice more, and he believes it. It is exactly like news networks that repeat a piece of news eight times; they say it so much until you believe it. This person's intellect becomes a follower of that. This becomes the Imitative Intellect. Such an intellect is no longer needed. He is suspended in the air; he understands nothing. Then, this person gradually enters society, becomes a father, and repeats the same process with his own child. The father prays, fasts, pays Khums and alms; the child then performs Khums, alms, fasting, and prayer. This continues for fifty generations—they die and understand nothing.

For this reason, in the future of Sufism, we must train 3.5 billion teachers. You might ask, "Mr. Hosseini, is it possible to have 35 million teachers in Iran?" Yes. The first teacher is the mother. We must hold them accountable. Look, in every family, the mother is a teacher, the father is a teacher; the uncle comes and plays the teacher, spits in one's food, punches another in the nose, and teaches his nephew the right and wrong. We have 64,000 teachers in the family... The grandfather says do this, the mother says do that, the father says do that. Beyond the fact that the child's intellect is not working, it is tucked away on a shelf; he doesn't think at all. You gave him his religion, his property, his place, and his city by force. The parents said, "Our child

belongs to the city of Rey." Because I was born in a hospital in Rey, I am a child of Rey. This was forced upon me. My religion was also given to me; because my parents are Muslim, I am Muslim; if they were Christian, I would be Christian. This is called Imitation.

Imitation means your intellect starts from the moment you blindly listen. Your father tells you to do something, you say "Yes, sir," and it's done. See how many "Mr. Teachers" we have? Thus, "The house is ruined from its very foundation" in the Empire of Sufism, which I explained in the Cyrus program. We must begin by teaching mothers how to jump-start the children's intellect. The child's intellect must be activated; therefore, the types of games from age two to five, five to ten, and ten to fifteen—the type of play, the nurturing of thought, the cultivation of reflection: Question, Question, Question! A thousand flaws in religions, a thousand flaws in such-and-forth, a thousand flaws in secularism, a thousand flaws in democracy. You must constantly point out flaws to the child. Why flaws? Questions, questions. The same thing the child does to you, you must do to him: "What is this, mom? What is that, mom?"

"The heavens are the husk, the light of the Spirit is the core; This is evident, that is hidden—from this truth, do not slip."

Rumi says... he says, sir, He has given you a core. No one after death can say, "I didn't understand the matter." He gave you an intellect that asks questions there. He asks, "Did you use your intellect?" He says, "No." He replies, "You used the other things I gave you quite well! You have sixteen children—how did you understand *that*? You understood that well enough to have sixteen children, but you didn't understand this [intellect] that I gave you?" How does your hand move? How does your foot move? How does your ear move? What were you hearing? We produced hearing using bone. What scientists do... with bone! We gave the incus bone, we did such-and-such in the middle ear. What else should we have given you? We gave you everything. Your intellect must explain. Why did we give you eyes? Why did we give you ears? Question! Just sit and think about this, and that's it—you will be saved and be a real restart follower.

"The manifest body is like a sleeve, the Soul is the hidden hand; The body has come forth, while the Spirit remains concealed."

The body is like a sleeve on your form; the Soul is the hand. The body is manifest, the spirit is hidden.

"Yet Intellect is more hidden than the Spirit; The senses reach the Spirit more swiftly. You see a movement and know one is alive, But you know not that he is filled with Intellect."

He says you see a movement, you shake a hand, you realize someone is alive. How do you know someone is alive? You move them and you know. But "You know not that he is filled with Intellect". You don't know he is overflowing with intellect.

"So that he may perform rhythmic movements, And through knowledge, transmute the copper of movement into gold."

These movements are for the purpose of becoming rhythmic; to turn the "movement of copper" into the "movement of knowledge," into gold. Thus, we must produce the "movement of copper." We must provide a program for the movement of converting copper into gold.

"The Spirit of Revelation is more hidden than the Intellect, For that is the Unseen, and it belongs to that yonder side."

Intellect is like the head, and the Spirit is hidden and is "behind" that...

"The Intellect of Ahmad was hidden from no one, Yet his Spirit of Revelation was not perceived by every soul."

He says, the intellect of Muhammad son of Abdallah. By Ahmad, he means Muhammad son of Abdallah, or it could be any prophet. He says his intellect was obvious; his intellect was clear after all. Muhammad said, "Attack from this side, let's do this." Then we lost. The followers said "Sir, you said attack from that side, we went and we were defeated." This was the intellect of Muhammad son of Abdallah in that period of history. Whatever it was—defeated, victorious, successful, or unsuccessful—whatever he did, he says: "The intellect of Ahmad was hidden from no one." Everyone understood what he was doing.

"The spirit of his revelation was not perceived by every soul"

But his spirit—the revelation that reached his spirit—cannot reach just anyone. There is no computer ever... Right now, open your home computer and try to pour 25 billion gigabytes into it; you'll see it's impossible. You want a mobile phone, it says it's 64 GB. Now try to pour 55 million gigabytes into it; it won't fit. This is a revelation. Revelation for a 64 GB phone has one value, revelation for a 124 GB phone has another, for a 32 GB one yet another... It is a revelation. They poured 55 billion [units of] memory into the Complete Human. They poured 55 billion-billion-billion-billion-billion gigabytes into him. They poured the entire Earth into him; they poured the universe into him. There is still room. And that's just one corner. In the universe, all of this which God created—as you say—is within the imagination of The Complete Human. That is, it is his fancy. Meaning, he has created a world in his imagination to test us, to see if we are "good kids" or not. Will you be attracted to the magnet called the Complete Human or not? That's his whole job.

It's like we are all sitting together, a headset in our hands—have you seen the movies? A headset on their heads, everyone goes into an imagination and they are, for example, fighting each other. It's all just this, gorgeous. Whoever loses in the game, takes off their headset, opens their eyes, and says, Hello, sir. They say, Hello dear, did you see you lost? You say, Will you let me play one more time? He says, No, you can't play anymore. Our game is one-way. You have a code; you have a Social Security number. You have a code, you entered with your code... now if you want, go ahead and try to enter!" He goes and enters the code, they tell him, "You can't come in anymore, you played once." We explained it beforehand, we briefed you, we explained the game, yes. We explained it to you, to Hosseini, to Saeed, to Javad, to everyone. He says, yes, we explained it to everyone. He says, "Now you've lost." He asks, "What should I

do now?" He says, "Now go live your life. You can no longer be in this game and you can no longer be in this realm."

"When the intellect of Moses is shackled in the Unseen, Who then is the intellect of a mouse, O honorable one?"

The intellect of Moses became shackled in the Unseen. He is explaining the definition of the Unseen. Khidr knew something that he [Moses] did not know.

"Imitative knowledge was for sale; When it finds a buyer, it burns bright with joy."

He says imitative knowledge can be sold well; it needs a buyer. For instance, a kid who goes and bombs himself, blowing himself up, is a very good buyer. It is an imitation. An ignorant imitator is "nay, they are even more astray" as friends say. Like cattle, "nay, they are even more astray" ... it's worse. Why? Because his mother is to blame. Now, why don't you want to accept that society is to blame? The mother to blame? The father to blame? Why don't we want to accept it? Although he can save himself, we shouldn't create conditions where we send a child into the middle of the sea or the Indian Ocean, leave him on a floating plank, and say, "Okay, now save yourself." In the Empire of Sufism, an effort is made to bring the child to the shore; they show him trees, they show him plants. "Sir, you can live here; sir, this is a tree, go and think." You took the kids and threw them into the middle of the mosque; how am I supposed to save him then? You took the kids and threw them into the church; what can I do? How can I save him? He is still constantly making the sign of the cross; if he draws it from the left, he's Catholic; from the right, he's Orthodox; from the top, such and such; from the bottom, such and such. His whole existence has become the definition of Jesus Christ; whether he draws it from the top or left or right. And everyone is thanking each other.

"Imitative knowledge was for sale"

When you find an imitation, it can be sold.

"When it finds a buyer, it burns bright with joy"

And it sells well too.

"Silent and drunk in buying and selling; The buyer is none but Truth—God hath purchased."

It is from the laws of the People of Sufism. Buying and selling means that you must sell everything you have to the Complete Human if you find him. After eight hundred years. It's not certain if you'll sell or not, if you find him, then *he* must buy. The Complete Human must buy. You must find a buyer. You are the buyer [offering yourself], you went and gave [yourself], he looks at the "goods" and says, "It's Hosseini; Hosseini isn't even worth two dollars, he has no value, why should I buy him?" What do you want for these 2 dollars? "Yes, we want heaven, we want the Houris to dance, the youthful servants to come and all be dancing with us..." He says, "You brought two dollars, my dear..." and he laughs. This is what "Buying and Selling" means. It means both to purchase and to sell. *Selling* means you both buy and sell. And *buying* means

the same; it means you are both the seller and the buyer. Like a grocery store. Now, when they put these together, it becomes Sufism. "Buying and selling" means Sufism. Meaning when they put these two words next to each other, it relates to Sufism. It means the person who wrote this poem is certainly a Sufi.

And many other things, but our time is up. Anyway, thank you for listening to this program. my dear, the highest form of worship is reflection . The highest worship is reflection . The highest worship is reflection , and one moment of reflection , one minute of reflection is equal to a thousand years of prayer, fasting, Khums, alms, Hajj, and Jihad. One minute of reflection is a thousand years of worship; in Sufism and Mysticism, anyone who does not have reflection is up in the air.. Sufism and Mysticism say this—meaning Muhammad, Moses, Jesus, Joseph, Daniel the Prophet, whoever you name and keep chanting "Prophet, Prophet" for. Know that, from the perspective of Sufism and Mysticism—I haven't said anything of my own, pay attention again, I am saying all these things from [the viewpoint of] Sufism and Mysticism, I haven't said anything of my own. From the view of Sufism and Mysticism, one minute of reflection is equal to a thousand years of worship. Even if you fast for a thousand years, it is only one minute of reflection . One minute of reflection is a thousand years of worship. put it into your brain, understand the point. One minute of reflection is a thousand years of worship. All the prophets, 124,000 prophets came and said... Restart is summarized in one sentence: One minute of reflection is a thousand years of worship. You bent and straightened in prayer for a thousand years... think for one minute. Just to understand the questions of "Restart," think about "Restart." We've been sitting together for seven million years, broadcasting "Restart." One minute... a thousand years... multiply 120 programs by 60 minutes and then multiply it—when are you and I going to understand that one minute of reflection is equal to a thousand years of worship? This is exactly Mysticism and Sufism. If you go to a Sufi, he will tell you this exact sentence. One minute of reflection is equal to a thousand years of worship. My dear, don't get back pain, don't keep bending and straightening in prayer, my dear. Do not pray without permission, my dear! One minute of reflection is a thousand years of worship, my dear, you'll get tired [of me saying this] but it must be said. They've been telling you for a hundred thousand years; Saadi said it, Rumi said it, Hafez said it, Bayazid Bastami said it, Sheikh Kharaghani said it, Khwaju Kermani said it, Saghir Isfahani said it, Socrates said it, Plato said it, the greats, William Shakespeare said it, Goethe said it, Nietzsche said it. Understand! One minute of reflection ... One minute of reflection is a thousand years of worship. One minute of reflection , my dear! For the sake of your mother, think for one minute. If you see a flaw in "Restart," announce it; if you don't see one, have faith and (لا تفرقوا) meaning "do not be divided". Do not go elsewhere; there is nothing elsewhere. Everything you want to understand is here. Your other world is here, in this very program. It is in the hands of the Sufis. You and I will get stuck... my dear, everything is in here. Thank you for listening to this program and thank you for surely understanding this sentence again: one minute of reflection is a thousand years of worship. Farewell.